Having described my invention, I claim:

1.

A universal bracket for securing between stud partitions, timberwork or the like for the installation of equipment, fixtures and fittings, plasterboard and similar elements or materials, comprising two elongate elements having substantially the same profile, made of a sheet material in such manner that each of said elements has a relatively broad central part which is defined by longitudinally flanged edge portions, and wherein at the opposite free ends of said respective elements there is provided an end piece, the said two elements being dimensioned and adapted so that they fit into each other and can be displaced in the longitudinal direction, thus providing a telescopically adjustable "beam" that is torsion-proof and can readily be adapted to the width between wooden or steel studs, steel frames or timberwork and can easily be fastened thereto by fasteners provided in the said end pieces.

2.

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A bracket according to claim 1, wherein the flanging of said edge portions is provided in that the respective central parts of said sheet material are bent inwards at the edge areas as a first outward-projecting portion that forms a substantial right angle with the surface plane of said central parts, which first portion passes into a second portion that is substantially parallel to the said surface plane.

3.

A bracket according to claim 1 or 2, wherein said end piece is provided with a suitably dimensioned upward bend of said sheet material of said elements.

4.

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A bracket according to any one of claims 1-3, wherein said end pieces and/or said central parts of the elements there are provided with relatively small holes for fastening means, for example, screws.

5.

A bracket according to any one of claims 1-4, wherein said end pieces and/or said central parts of the elements are provided with holes or cut-outs adapted to receive preferably flexible electrical tubing, optionally for connections/feedthroughs etc.

6.

A bracket according to any one of claims 1-5, wherein said bracket is so dimensioned that it has a longitudinal displacement from about 480 mm to about 600 mm.

7.

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A bracket according to any one of claims 1-6, wherein the said elements have a different thickness.

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A bracket according to any one of claims 1-7, wherein the said elements have a different length.

9.

A bracket according to claim 8, wherein the longest of said elements has a thickness of about 0.7 mm, and the shortest of said elements a thickness of about 0.9 mm.

10.

A bracket according to any one of claim 1-9, wherein said sheet material is galvanised steel or a material with similar properties.